

2021 PROVINCIAL SKILLS CANADA COMPETITION



2021 Skills Canada Alberta Provincial Competition

Aesthetics Project

Welcome to the 2021 Provincial Aesthetics (30) Competition. Congratulations on participating in such an exciting and rewarding competition!

Models for all competitions will be provided by the competitor. Please see Model Requirements section for important details.

During the competition you will be judged in the following areas:

Professional presentation, technical skills, organizational skills, communication, product knowledge & control, sanitation and complying with health and safety.

- Case Study & Smokey Eye Makeup (Female model)
- Classic Pedicure (Female model)
- Manicure (Female model)
- Creative Makeup (Female model)

Orientation for competitors:

Competitors are to bring a copy of the Contest Description, Project and any other documents pertaining to the Aesthetics competition. During the competitor orientation, you will have the opportunity to familiarize yourself with the equipment, products and tools. Competitors will have the opportunity to ask questions at this time.

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Case Study and Smokey Eye Make-up

The competitor will demonstrate their skin analysis knowledge by viewing a case study and filling out the provided documents; homecare and professional treatment plan followed by the application of smokey eye makeup; including foundation with corrective work, highlighting & contouring, blended eye shadows, defined eyebrows, winged eyeliner and artificial strip lash application.

Manicure, with Nail Art

The competitor will demonstrate a manicure using the Sponsor's LCN products and will duplicate the step by step nail art, as shown on the skills website. The polish and nail art are done with LCN gel polish;

Nail art must be free hand using only nail art brush (supplied by LCN will be provided). Decals, polish with built in striper brush, corrector pens, guideline tape, or any other tools will not be allowed.

Creative Makeup

The competitor will demonstrate a creative makeup look with an 80's theme. The creative makeup will be included on the décolletage of the model. The 80's theme will be displayed on their 12x16 vision board.

Classic Pedicure Treatment

The competitor will demonstrate the steps to a classic pedicure including toenail cutting, filing, cuticle work, callus removal, massage of foot and leg showing at least 3 classical massage movements, and red polish with no corrections.

Tasks and Checkpoints:

You will be given a specified time for each task. Judging is done throughout each task, so you will need to be aware of these CHECK POINTS indicated in your instructions. It

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is the competitors' responsibility to ensure that judges check the models prior to commencing any treatment.

All tests must be finished within the given time. Other than judging time, no extra time will be granted.

Note: If you are in doubt about any other tools or equipment you wish to use, check with the chair of the committee prior to the competition date or at orientation.

TEST	NUMBER OF TOWELS NEEDED FOR THE COMPETITION
Case Study & Smokey Eye Makeup	8 medium and 1 Large
Manicure with Nail Art	6 medium
Classic Pedicure	6 medium 2 Large
Creative Makeup	2 medium

*Competitors may choose not to use all towels, but cannot use more than the prescribed amount for each competition component.

Personal Protective Equipment (PPE) required		
TEST	PPE	UNIFORM
Classic Pedicure	Gloves, protective facial mask, facial shield (optional)	Throughout the competition the competitor must wear black uniform of their choice with black closed toed shoes, and black socks
Case Study & Smokey Eye Makeup	Fingercots or gloves (optional), protective facial mask, facial shield (optional)	
Manicure with Nail Art	Dust/protective facial mask (optional)	

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Creative Makeup	Gloves (optional, protective facial mask, facial shield (optional))	
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*Points will be awarded throughout each test for professionalism and complying with occupational health and safety.

Below are examples of the closed toed shoes, socks and uniform to be provided by the competitor



MARKING SUMMARY

Skill Area	Time	Model	Maximum Mark
Manicure with Nail Art	2.5 Hours	Female Model	30

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Case Study & Smokey Eye Makeup	2.5 Hours	Female Model	30
Classic Pedicure	2 Hours	Female Model	20
Creative Makeup	2 hours	Female Model	20
TOTAL:	8 Hours		100

MODEL REQUIREMENTS

Model Criteria:

- Must be female between ages of 18-35.
- No latex allergy.
- Free from sensitivities or allergies.
- Available for the entire day.
- Any piercings must be removable.
- Willing to receive services from another competitor.
- Free of any skin diseases and disorders, and in general good health with no contraindications, including epilepsy or diabetes.
- Models will have healthy hands and nails.
- No artificial nails or recent removal of.
- Models will have free edge past fingertip.

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- Models must be present prior to the start time, each day of competition – must present with clean, natural nails on hands, free of varnish, and no makeup

***Please Note:** Models will be supplied by the competitors and approved by the committee. Competitors will not be working on their model. Failure to meet the criteria will result in the disqualification of the competitor.

Day 1			
Group	AM		PM
A	Case Study with Smokey Eye Makeup		Manicure with Nail Art
B	Manicure with Nail Art		Case Study with Smokey Eye Makeup
Schedule			
Virtual Orientation 9:30 am			
10:00am – 12:30pm	AM competition begins		
12:30 pm – 1:30 pm	Lunch Break		
1:30 pm - 4:00 pm	PM competition begins		
4:00 pm	Competition ends		

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Note: This is a tentative schedule. Start and end times may vary.

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Day 2			
Group	AM		PM
A	Creative Make Up		Classic Pedicure
B	Classic Pedicure		Creative Make Up
Schedule			
10:00 am – 12:00 pm	AM competition begins:		
12:00 pm – 1:00 pm	Break		
1:00 pm – 3:00 pm	PM competition begins		
3:00 pm	Competition ends!		

Note: This is a tentative schedule. Start and end times may vary.

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Case Study with Smokey Eye

Time allotted: 2.5 hours

Model: Female

Maximum mark: 30

Starting time	Group	
10:00 am	A	
1:30 pm	B	
Time	Task	Skill checklist
10 minutes	Pre-services	<p>The treatment area and competitor are prepared and organized.</p> <p>Access to a laptop or computer to fill in the PDF Skin Treatment and Homecare treatment form.</p> <p>Smokey eye make-up set up</p>
10 minutes	Case study viewing	The competitor will be presented with the client's information and take notes to fill in the paperwork.
40 minutes	Complete and submit paperwork.	The competitor will fill in the skin treatment and homecare suggestions online in the document supplied and may only use the product manual.
10 minutes	Installation of model.	Model is greeted and prepared for the service. Model hair is protected

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10 minutes	<p>Check Point – Break for judging.</p> <p>Checking model preparation & makeup brushes and makeup set-up</p>	
40 minutes	<p>Complete Smokey Eye Make-up</p>	<p>Make-up and techniques to be used; foundation and corrective work, Eye shadows and blending, winged eyeliner applied by pencil only (no Gel or liquid permitted), Brow make-up mascara and strip lashes.</p>
30 Minutes	<p>Facilitator or PTC to take photos – each eye close-up open, each eye close-up closed, straight on both eyes closed, left side profile and right-side profile. All photos uploaded for judging.</p>	

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Manicure with Nail Art

Time allotted: 2.5 hours

Model: Female

Maximum mark: 30

Starting Time	Groups	
10:00 am	B	
1:30 pm	A	
Time	Task	Skill checklist
10 minutes	Pre-service set up and model Installation, visual and verbal consultation	Treatment area prepared. Model prepared for service. Visual and verbal consultation is performed.
10 minutes	Check Point - Break for judging supplies, station setup, and clients nails	
30 minutes	Dry manicure application, filing, cuticle work, buffing and prep Preparation for gel polish application	Nails filed, shaped. Cuticle work performed. Nails are buffed, no shine on nail bed. Nails are clean, dehydrated and prepared for gel polish application.

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20 minutes	<p>Check Point - Break for judging, facilitator or PTC will take the following photos.</p> <p>Right hand close up of nails and thumb and left hand close up of nails and thumb.</p>	
45 minutes	Polish and nail art	<p>Gel base coat applied to all ten fingers.</p> <p>Free hand gel polish application (no other tools to be used other than the ones provided by LCN.)</p> <p>Nail art performed on all ten fingers following exact steps as pictured on skills website. Gel topcoat application to all ten fingers. No oil to be used</p>
20 minutes	<p>Check Point - Break for judging, facilitator or PTC will take the following photos.</p> <p>Right hand close up of nails and thumb and left and close up of nails and thumb</p>	
15 minutes	Massage lower arm and hand	<p>Massage performed on lower arm and hand for 10 minutes. Massage to demonstrate classical movement: effleurage, petrissage, tapotement and passive joint movements.</p> <p>Excessive products removed from models' nails, arm and hand using a dry towel or gauze.</p>

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Creative Makeup Application

Time allotted: 2 hours

Model: Female

Maximum mark: 20

Starting time		
10:00 am	A	
1:00 pm	B	
Time	Task	Skill checklist
15 minutes	Pre-service - Set up station for makeup and welcome model	Treatment area, competitor and model are prepared for the service. Vision board to be displayed at station.
10 minutes	Checkpoint for Judging, checking model preparation and makeup brushes/makeup set p. Facilitator or PTC to check makeup brushes as advised by the judges.	
20 minutes	Apply base makeup (any colour) application	Apply a foundation to the skin (This will be the base of the fantasy makeup theme.)
10 minutes	Checkpoint for Judging, proctor to take one clear photo of the base application.	
35 minutes	Fantasy makeup application to the decollate starting at the clavicle (collar bone). Height 4-6 inches and width 8-10 inches.	Fantasy themes are trends of the 1980's. Makeup should match the theme of the vision board.

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		Points are awarded for makeup techniques, artistry, and blending.
30 minutes	Checkpoint for Judging. Facilitator or PTC will take 3 distinctive closeup photos of the work and one photo of the entire makeup and one photo of the vision board and upload all photos to the judges.	
10 minutes	Model exit and post service clean up	Assist model to exit and treatment area is cleaned up.
10 minutes	Final Judging	

Classic Pedicure

Time allotted: 2 hours

Model: Female

Maximum mark: 20

Starting time		
10:00 am	A	
2:00 pm	B	
Time	Task	Skill checklist
10 minutes	Pre-service set up	Treatment area and competitor prepared for pedicure.
15 minutes	Model installation, client consultation and preparation.	Model is greeted and therapist offers assistance and care as needed.

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		<p>A visual and verbal consultation is completed to ensure no contraindications.</p> <p>Model is prepared for treatment with adequate draping to provide comfort, warmth and modesty</p>
10 minutes	Checkpoint for Judging, facilitator or PTC will take a photo of the toes and bottoms of both feet before soaking.	
5 minutes	Client will soak for 5 minutes	
25 minutes	Competitor to perform filing, cuticle work, buffing, prep, and callus work.	<p>Nails cut, filed, shaped.</p> <p>Cuticle work performed.</p> <p>Nails are buffed, no shine on nail bed.</p> <p>Callus work is complete.</p> <p>Order of the pedicure must be in a logical sequence.</p>
10 minutes	Checkpoint for Judging, facilitator or PTC will take photos of the toes and bottom of the left and right feet.	
20 minutes	Competitor will prepare toes for polish.	<p>Base coat will be applied to all ten toes.</p> <p>2 coats of polish will be applied to all ten toes.</p>

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		<p>Top coat will be applied to all ten toes.</p> <p>No correction or cleanup allowed for application of polish.</p>
15 minutes	Checkpoint for Judging, facilitator or PTC will take a photo of the toes on each foot (2 photos) – upload all photos to the judges.	
10 minutes	Model exit and post service clean up	Assist model to exit and treatment area is cleaned up.

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Sponsors and Training Product

Please contact sponsors to purchase product for training purposes.

Case Study & Smokey Eye Makeup:

- Supplied by competitor

Classic Pedicure:

- Products supplied by LCN

Creative Makeup:

- Supplied by competitor

Manicure with Nail Art:

- LCN Product supplied by ProBeauty Group (www.pro-beauty.com)

It is important for each competitor to check the Skills Alberta Competition Website for the Contest Description and product list information. Check regularly for any changes and follow-up with your advisors.