

Special Effects Make Up

Skills Canada Alberta is a provincial non-profit organization that actively promotes careers in skilled trades and technologies to Alberta youth. We do this through unique hands on programming, which includes in-the classroom resources and the Provincial Skills Canada Competition.





What's Included

- Wax
- Blood
- Popsicle Sticks
- Paints
- Sponges

What You Will Need

- Vaseline (optional)
- Inspiration Photo
- Paper Plate/ Tray

Tag us in your projects! #ABisSkilled





Let's Get to Work!

Did you rock these skills? Talk to your teacher to learn more about how you can showcase your skills at Skills Canada Alberta, alongside other students from across the **Province!**



Quickly roll the wax into a worm shape. Work fast so it doesn't disintegrate!



Lay the wax onto the skin and spread it out flat



Option to use a small amount of Vaseline to smooth the edges



Create a cut effect using a snapped popsicle stick



Add blood to the inside of the cut



Gradually build up the blood

SKILLED TRADE: AESTHETICS

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First, select an inspiration image to work from



Pluck the edges of the sponge to get a more organic shape



Lightly add paint to the sponge and gently pat onto skin



Add heavier paint spots to create deopth to the bruise

Get Creative!

Use different coloured paints to create various effects. Zombie bruises - black and yellow Aged bruises - green and red

SKILLED TRADE: AESTHETICS