

We are excited that you'll be joining us for SkillsXhibition this year! Below are a few important pieces of information that you will want to read to ensure you are ready for your activity! All pre-recorded demonstration videos will be posted online by May 26th.

REQUIRED MATERIALS & SUPPLIES

Skills Canada Alberta Supplied Materials:

Individual 9 step Facial Kits which includes:

- First Cleanse – Repechage Opti-Cleanse
- Second Cleanse – Serene Facial Cleanser for Sensitive Skim
- Exfoliant – Tuel Power Scrub
- Mask – MaskerAide Sheet Mask
- Toner – Repechage Algo Mist
- Serum – Tuel Hydrate
- Eye Product – Cara Eye Gel
- Moisturizer – Cara HydraCell Hyaluronic Day & Night Cream
- SPF – Tuel Daily Protect

1 package of cotton round pads – 2 per student

Facial cleansing sponges – 1 to 2 per student

School Supplied Materials:

Small bowl of water per student or access to sinks

BEFOREHAND REQUIRED PREPARATION

Put facial cleansing sponges in water to expand them from their compressed form. Squeeze out excess water. These pads can be cleaned and reused a few times, but each individual student should have their own sponge(s).

SAFETY PRECAUTIONS

Only use the products as directed in the session.

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ACTIVITY DIRECTIONS (supplementary to the demonstration video)

This session will walk you through the 9 steps of doing a facial at home, talk about the importance of regular cleansing, exfoliation, hydration (we live in Alberta), and why everyone has to wear SPF no matter their skin type.

GET CONNECTED WITH PADLET

Check out more tips and resources from industry and education experts with our exclusive SkillsXibition Padlet. You can also share photos and videos from your activities! We want to see how your builds & creations turn out! Each post you make before June 30th will earn you 1 entry in our draw for a \$100 gift card!



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