

# MATTHEW HENDERSON

## MECHATRONICS

**HOMETOWN:**

Calgary

**TRAINING INSTITUTE:**

SAIT

**TRAINER:**

Daniel Barrett

**EMPLOYER:**

Glenmore Sailing School

**Past Skills Canada Competitions**

- 2022 Provincial Skills Canada Competition - gold medal
- 2022 Skills Canada National Competition - gold medal

**What has been the best part of your Skills experience?**

My favourite part of Skills has been the travel. For every competition you get to go somewhere. For myself, I have done more travel in the past 6 months than I have in the last 3 years.

**How do you feel having earned your spot on Team Canada?**

I feel great about being on Team Canada. This is a great opportunity to show off my skills in competition as well as get my name out into the world.

**What are you most looking forward to now that you're on Team Canada?**

I am most looking forward to travelling to the competition in Stuttgart and meeting the other competitors. Also taking home a medal would be pretty cool.