



Contest Description

Edmonton Expo Centre, Edmonton

May 3 & May 4, 2023

EVENT: Aesthetics	LEVEL: Post-Secondary
COMPETITION START TIMES: May 3, 2023: 8:00 am May 4, 2023: 8:00 am	LOCATION: Hall B, Edmonton Expo Centre, Edmonton
DURATION: 12 hrs. (Two Days)	
WORLDSKILLS TRADE #: 30	

CONTEST INTRODUCTION

Purpose of the Challenge:

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well-being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for the hands, specific care of the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

CONTEST DESCRIPTION

List of documents produced and timeline for when competitors have access to the documents.

DOCUMENT	DATE OF DISTRIBUTION VIA WEBSITE
Test Project	January 2023
Manicure nail art design	January 2023
Product list for all product supplied	January 2023

Tasks that will be performed during the contest:

- **Manicure with Nail Art:**
- **Objectives:** Perform a dry manicure which includes nail shaping, cuticle work, arm and hand massage with a paraffin wax treatment to the hand only, once finished the model will be dismissed. Permanent gel polish will then be applied to all 10 fake tips (on fake hands) with two designs being chosen by draw at the competition. The



2023 Provincial Skills Canada Competition



2 designs chosen must be equally applied to the 10 fingers (design 1- 5 fingers, design 2- five fingers of your choice) Five designs will be posted on the SCC website, which will include the following designs: dot, leopard, marble, lines/stripe work and flowers. Competitors are allowed to make corrections.

Note: Primary colors, along with black and white will be supplied by the sponsor (TBD). NOTE - MYSTERY BOX - competitors will practice all 5 nail art designs listed above. The day of competition, competitors will choose 2 nail art designs from a mystery box and they must create their own design within that nail art category. Design 1 on any 5 fingers and design 2 on the other 5 fingers.

Note: Nail art must be free hand using only the nail art brushes and dotter supplied by the Sponsor. Decals, polish with built in striper brush, corrector pens, guideline tape, or any other tool will not be allowed. Nail art brushes may not be adjusted in any way.

- **Body Therapy Treatment – Raindrop Therapy**

Objectives: The competitor will be required to provide a detailed rationale to support the chosen oils during the Raindrop Therapy. The competitor will be judged on correct Raindrop Therapy technique, use of oils and creative incorporation of the Swedish massage. (Sponsor TBD)

- **Creative Makeup –Pop Art Theme**

Objectives: – Creative makeup application (Pop art theme) to the full face and neck (to the collar bone of the model). The look will demonstrate creativity, technique and complexity of design. The face, neck (to the collar bone) must be more than half covered with the pop art design. False lashes must be applied.

Note: – Competitors will add a complimentary wig, gems, glitter, headpiece, jewelry or any other enhancement, of their choice, to complete and pull together their creative makeup look (maximum of 4 pieces may be used). This is a mandatory piece to show creativity.

- **Advanced Facial**

- Objectives: The competitor will demonstrate an advanced facial using the sponsors (TBD) product, hot towels & BT micro that meets the needs of the client’s skin type. The skin must be analyzed, findings recorded on the provided form and the facial must be based on the analysis. The competitor will perform an advanced facial using the silicone hand held scrubbers for exfoliation, hot towels for steaming (no



2023 Provincial Skills Canada Competition



extractions), a 15-minute face and decollate massage. Treatment: mask, (10-minute hand and arm massage) followed by iontophoresis, toner, eye/lip cream and moisturizer/SPF.

Note: It is the candidate's responsibility to prepare for the competition by becoming familiar with the products and machines (refer to 4.1) to be used during the competition.

EQUIPMENT, MATERIAL, CLOTHING

Equipment and material provided by Skills Alberta

All equipment and apparatus for the treatments will be supplied by Skills Alberta

All products for facial will be supplied (Sponsor TBD)

Sponsor Educator Information

Nail products for the manicure will be supplied (Sponsor TBD)

Nail Art tools (for manicure, sponsor TBD)

LED Gel Lamps

Raindrop Therapy oils (Sponsor TBD)

Carrier oil for massage (Sponsor TBD)

Hot towel cabinet (TBD)

Facial Steamers (TBD)

Small garbage cans and bags

Window cleaner

Cleaning products

Hand soap

Paper towels

Makeup chair

Aesthetics beds (massage tables)

Trolleys (3 shelves)

Step stools

Manicure tables

Chairs with back

Magnifying lamp

Step stools

Equipment and material provided by the competitor

Kleenex

Table examination paper

Gibson Towels

Tweezers (2)

2 stainless steel bowls (for facial & body treatment)

1 flexi bowl



2023 Provincial Skills Canada Competition



Facial mask brushes
Hook neck water bottle or small water jug
Q-tips
White Towels, (2) large and (25) medium
4 flat sheets
2 blankets
Facial gown or wrap (2) white
Slippers (2) sets
Head band (2) white
White robe (2)
Manicure implements for nail care: only cuticle nippers, nail cutter, nail scissors, buffer, orangewood stick, spatulas, and steel pusher.
Disposable Emery board for natural nails
Note: Nails stones are not allowed to push back cuticles
Makeup brushes (all brushes applicators)
ALL makeup products for creative makeup look
False strip eyelashes and glue
Makeup sponges
Makeup primer
Sharpener
Any enhancements for creative makeup
Scissors for lashes
Make-up palette to dispense make-up
Hair clip or headband (for keeping model's hair secure during make up application and for the facial)
Long, black, make up drape for client with no visible logo (to the knee)
Disposable mascara wands
Spatulas (for cream, mask, makeup products, etc.)
Dispensing bowls for all treatments, as well as a tray to carry items from back bar to work area
Hand sanitizer
Disinfecting agents for surfaces, tools and implements
Gloves (non-latex only)
Finger cots
Gauze
Cotton rounds
Dust mask (Facial protective mask)
Clipboard
Pens and pencils
Competitors must bring a copy of the Contest Description, Test Project and all other documents pertaining to the Aesthetics competition.



2023 Provincial Skills Canada Competition



COMPETITORS WILL BE REQUIRED TO USE THE MATERIAL AND EQUIPMENT PROVIDED BY SCC. ALL OTHER MATERIAL AND EQUIPMENT WILL BE REMOVED FROM THE SKILL AREA.

Required clothing provided by the competitor.

- Uniform (see test project) no leggings or yoga pant styles allowed, all black
- Black non-slip, flat or low heel, closed toed shoes with no laces
- Black socks must be worn
- No jewelry which may interfere with the task being performed or place the model or aesthetician at risk
- Hair must be tidy and tied back, off the collar and face
- Competitor must have short, natural nails. No nail extensions, or recent removal of. No nail varnish or coverings.

SAFETY REQUIREMENTS

Safety workshop

Upon arrival at the Skill area, Competitors will participate in a Safety workshop and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety and environmental rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

List of required personal protective equipment (PPE) provided by competitors and used as needed.

- Closed toed non-slip shoes
- Protective mask
- Non-latex gloves
- Finger cots

ASSESSMENT

Point breakdown

POINT BREAKDOWN	/100
Advanced Facial	30
Body Therapy Treatment	30
Manicure with Mystery Nail Art	20
Creative Makeup	20

CONTEST SPECIFIC RULES

Contest specific rules cannot contradict or take priority over the Competition Rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during competitor orientation.



2023 Provincial Skills Canada Competition



TOPIC/TASK	CONTEST SPECIFIC RULE
Infrastructure	Competitors are not allowed to bring or use facial sponges Competitors must get approval from the Provincial Technical Committee to bring any other equipment or material that is not listed on point 4.2. Please contact Skills Alberta for approval.
Projects	Competitors are allowed to make corrections during polishing for Manicure with Nail Art project. PTC can change a maximum of 30% of the work content at the competition.

Ties

- Tiebreaker #1: In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner.
- Tiebreaker #2: In the event of second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.
- Tiebreaker #3: If a tie still remains, the competitor with the highest score in the Creative Makeup criteria will be declared the winner.

Where the Test Project has been circulated to Competitors in advance, PTC shall change a maximum of 30% of the work content. Please refer to the Competition Rules.

Competition rules

Refer to the competition rules of the Skills Alberta Provincial Competition which can be found on our website.

During the competition, if Competitors are found speaking to coaches and/or spectators they risk disqualification.

ADDITIONAL INFORMATION

Skills Canada Alberta Regional and Provincial Rules and Regulations

[Regional and Provincial Rules and Regulations](#)

Lunch

Lunch for competitors will be provided by Skills Canada Alberta.



2023 Provincial Skills Canada Competition



Parking & Venue Maps

<http://edmontonexpocentre.com/attend/parking/>

Opening Ceremonies / On-site Provincial Competitor Registration

Opening Ceremonies for the PSCC will take place on Tuesday May 2, 2023 at 6:00 pm in Hall D of the Edmonton EXPO Centre. Admission is free, and everyone is welcome to attend. It is important to note that competitor registration will open immediately following the Opening Ceremony.

Awards Ceremony

The Awards Ceremony will take place on Thursday May 4, 2023 at 6:30 pm in Hall D of the Edmonton EXPO Centre. Admission is free and everyone is welcome to attend. The Awards Ceremony will be shown live at <http://skillsalberta.com/>

Team Alberta Information

Team Alberta will be selected at the PSCC Awards Ceremony. Gold medalists will then be eligible to participate at the Skills Canada National Competition (SCNC) on May 24- 27, 2023 in Winnipeg MB. It is recommended that competitors review the SCNC contest description to be familiar with the national contest description and project at <http://www.skillscanada.com/>.

During the PSCC Awards Ceremony on Thursday May 4, 2023 gold medalists will be given their Team Alberta information package and will confirm their participation in the SCNC. Students must be present at the Awards Ceremony to claim their position on Team Alberta. If the Gold medalist is not able to attend SCNC, the next top ranking individuals will be asked to participate. If a student is not able to attend the Awards Ceremony a letter confirming the student's interest in Team Alberta participation must be emailed to javierad@skillsalberta.com prior to the start of competition on May 3, 2023.

Please prepare your students in advance to accept a position on Team Alberta and outline how your school will support their participation.

**Due to unforeseeable COVID-19 regulations/uncertainties, competition documents are subject to change

Questions?

Please contact Kennedy Mayer at kennedym@skillsalberta.com if you have any questions regarding the Contest Description.



2023 Provincial Skills Canada Competition



COMMITTEE MEMBERS

Member Organization	Name
Esthetician	Brittany Kellow-Co Chair
Esthetician	Jenna Holman-Safety Officer
Esthetician & Educator at the CT Centre	Kaitlyn Green-Chair