



# 2023 Regional Skills Canada Competition



## 2023 North West Regional Skills Canada Competition

Contest Description (Scope Document)

Northwestern Polytechnic (NWP) Fairview Campus

April 20 & 21, 2023

<b>EVENT: FASHION TECHNOLOGY</b>	<b>LEVEL: Secondary</b>												
<b>DURATION OF CONTEST: 6 HOURS</b>	<b>LOCATION: Fairview High School Home Economics Lab</b>												
<b>COMPETITION SCHEDULE:</b> <table border="1"> <tr> <td><b>ORIENTATION</b></td> <td><b>April 20<sup>th</sup> @ 6pm</b></td> </tr> <tr> <td><b>COMPETITION</b></td> <td><b>April 21<sup>st</sup> 9:00am – 12pm</b></td> </tr> <tr> <td><b>LUNCH</b></td> <td><b>12:00pm – 12:30pm</b></td> </tr> <tr> <td><b>COMPETITION</b></td> <td><b>12:30pm – 3:30pm</b></td> </tr> <tr> <td><b>JUDGING</b></td> <td><b>3:30pm – 5:30pm</b></td> </tr> <tr> <td colspan="2"><b>ORIENTATION IS MANDATORY:</b> Should a competitor not attend orientation they will unfortunately be disqualified from the competition.</td> </tr> </table>	<b>ORIENTATION</b>	<b>April 20<sup>th</sup> @ 6pm</b>	<b>COMPETITION</b>	<b>April 21<sup>st</sup> 9:00am – 12pm</b>	<b>LUNCH</b>	<b>12:00pm – 12:30pm</b>	<b>COMPETITION</b>	<b>12:30pm – 3:30pm</b>	<b>JUDGING</b>	<b>3:30pm – 5:30pm</b>	<b>ORIENTATION IS MANDATORY:</b> Should a competitor not attend orientation they will unfortunately be disqualified from the competition.		<b>REGIONALIZED: NO</b>
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<b>AWARDS CEREMONY INFORMATION: April 21<sup>st</sup> @ 6:00 pm GPRC Fairview Campus Theatre</b>													

### CONTEST INTRODUCTION

To assess the contestant’s ability in sewing construction related to the field of fashion technology.

### PROJECT DESCRIPTION

- Using the pattern chosen by the committee create the required garment. **The committee selected the pattern Burda5979 – size competitor’s choice (Small-Medium-Large), View B.**
- Competitors should arrive with pattern pinned and ready to cut on the morning of the contest. Competitors will be given time to layout their pattern so that it can be judged prior to the competition start time. **DO NOT** cut prior to the contest.
- The **Garment Information Sheet** (see attached) must accompany your pattern layout on the morning of the competition. Please **staple a 2 inch by 2 inch swatch of the fabric** you are using to the Garment Information Sheet.
- Students are encouraged to sew a practice garment at home or school, in order to establish assembly techniques and timelines for completion.
- Competition support be available in the room throughout the contest. Competition support may be approached with questions about machine issues but should not be relied upon to provide garment construction support.
- It is recommended that competitors label all equipment. NWP and FHS are not responsible for any equipment.



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- Visitors (including friends, family members, classmates, and teachers, etc.) will not be allowed to enter competition rooms without permission from the Competition Support in the room. Communication with competitors could result in points being deducted from the competitor's final score.

### EQUIPMENT AND MATERIALS COMPETITORS MUST SUPPLY:

- Sewing machine, needles, thread, and bobbins
  - Serger
  - Iron and ironing board with cover; water if necessary
  - A power bar and/or extension cord is required
  - Fabric
    - price of fabric is NOT to exceed \$30.00 per meter
    - fabric choice is a main fabric
  - Each competitor will be reimbursed \$40.00 to help offset the cost of fabric and notions used for the competition and preparation
  - Equipment and supplies needed to construct garment (e.g.: tape measure, pins, scissors, marking equipment, etc.)
  - Hanger to display your garment
  - Please label all personal equipment
  - Optional: Sealed water bottle (must not be able to spill). NO other beverages are allowed. NO food is allowed.
- **NOTE: THERE WILL BE NO REFUNDS OR REIMBURSEMENTS GIVEN ON MATERIAL AND SUPPLIES USED.**

### EQUIPMENT AND MATERIALS SUPPLIED BY THE COMMITTEE:

- Back up serger
- A station for each competitor including:
  - a 3 ft. by 6 ft. table
  - chair
  - electrical outlet (students must bring their own extension cords and/or power bar as not all electrical outlets are directly beside the students' table)

### JUDGING CRITERIA

Competitors will be judged on:

- Pattern layout
- Garment information sheet
- Construction – stitches
- Construction – seams
- Construction – hood and neck
- Construction – cuffs and waistband
- Finishing – pressing
- Finishing – presentation

See attached judging sheet for further detail.



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## RELATED CAREER AND TECHNOLOGY STUDIES COURSES

Descriptions of all modules are located at the following website:

<https://education.alberta.ca/career-and-technology-studies/programs-of-study/>

FAS 1030: SEWING FUNDAMENTALS

FAS 1130: CONSTRUCTION FUNDAMENTALS

FAS1000: FASHION ILLUSTRATION 1

\*FAS 2130: CONSTRUCTION FUNDAMENTALS 2 – may be helpful but is not crucial

## CLOTHING REQUIREMENT

It is important that competitors present a professional image and appearance:

- Appropriate work clothing must be worn to compete including no open-toed shoes, no cloth or knit shoes. All clothing must be neat and clean and free of rips and tears. Casual wear such as shorts will not be permitted. No loose-fitting clothes or jewelry.
- Cell phones are not allowed in the competition area.

## SAFETY

The health, safety and welfare of all individuals involved with Skills Canada Alberta are of vital importance. Safety is a condition of participation with Skills Canada Alberta and shall not be sacrificed for the sake of expediency. At the discretion of the judges and technical committees, any competitor can be denied the right to participate should they not have the required proper safety equipment and/or act in an unsafe manner that can cause harm to themselves or others.

## ADDITIONAL INFORMATION

Lunch will be provided for all competitors, teacher chaperones, judges, and volunteers. Unfortunately, all allergies may not be able to be accommodated for.

## REGIONAL REGULATIONS & POLICIES

A copy of the Skills Canada Alberta Regional Regulations & Policies can be found at the following link:

<http://www.skillsalberta.com/policies-and-procedures>

## COMMITTEE MEMBERS

Nan Nelson	Tech Committee Chair
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### Garment Information Sheet

Competitor:

\_\_\_\_\_

School:

\_\_\_\_\_

Attach fabric  
sample here

Please complete the following questionnaire and fashion illustration. **Staple a 2 inch by 2 inch swatch** of your fabric to it. Submit these documents along with your pattern layout on the morning of the competition in room TT2902.

**Please describe the type of fabric (content and knit) you have selected to construct this garment.**

**Please explain why this fabric is an appropriate choice for this pattern.**

**Based upon your fabric choice, please explain the care requirements for your garment.**

**Cost Analysis: The purpose of this section is to allow you to compare the cost of creating a garment to the cost of purchasing it.**

**Fabric Cost** (for one garment)

\$ \_\_\_\_\_(A)

**Notions** (including thread)

\$ \_\_\_\_\_(B)

Labour – Production

\$ \_\_\_\_\_(C)

(Based on 5 hour competition time and \$15.00 per hour)

**Total (A+B+C)**

\$ \_\_\_\_\_



Judging Sheet Burda Pattern 5979 – view B						
Competitor #:						
	Excellent 4	Great 3	Proficient 2	Needs Work 1	Incomplete 0	N/A
<b>Pattern Layout</b>						
Efficient use of fabric						
Grain lines positioned properly						
Fabric patterns line up						
Nap of fabric is observed						
Stretch of fabric is observed						
<b>Garment Information Sheet</b>						
Fabric sample						
Type of fabric – content, weave, knit						
Fabric appropriate to the design; explanation						
Washing instructions included/appropriate						
Appropriate thread colour for construction						
Appropriate thread colour for finishes						
Cost Analysis – fabric, notions, labour, total						
<b>Construction – Stitches</b>						
Stitch length appropriate for fabric						
Consistency of stitch						
Correct and consistent tension						
<b>Construction – Seams</b>						
Straight and consistent seam allowance						
Flatness of finished seam						
Appropriate choice of seam finishes						
Seam finishes properly executed						
Topstitching correct and straight if done						
<b>Construction – Hood and Neck</b>						
Attached to body correctly						
Neck edge finished correctly						
Topstitching correct and straight if done						



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<b>Construction – Cuffs and Waistband</b>						
Constructed properly						
Attached to sleeves and body correctly						
Topstitching correct and straight if done						
<b>Finishing – Pressing</b>						
All seams						
<b>Finishing – Presentation</b>						
All threads are clipped close						
Hanger appeal						
Fabric appropriate to skill level						
<b>Judges' Comments</b>						