



## Contest Description

Edmonton Expo Centre, Edmonton

May 7 & May 8, 2025

EVENT: Aesthetics	LEVEL: Post-Secondary
COMPETITION START TIMES: May 7, 2025: 8:00 am May 8, 2025: 8:00 am	KIT DROP OFF TIME: May 6, 2025: 5:00-5:45 pm
DURATION: 12 hrs. (Two Days)	LOCATION: Hall B, Edmonton Expo Centre, Edmonton
WORLDSKILLS TRADE #: 30	

*Please Note: This document is subject to change as competition information is updated. Competitors are responsible for staying up to date with the most recent information. Check the footer for the last updated date. Changes will be highlighted in yellow.*

## CONTEST INTRODUCTION

### Purpose of the Challenge:

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people physical and psychological well-being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for the hands, specific care of the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

## CONTEST DESCRIPTION

List of documents produced and timeline for when competitors have access to the documents.

DOCUMENT	DATE OF DISTRIBUTION VIA WEBSITE
Test Project	January 2025
Product list for all product supplied	January 2025



## **Tasks That Will Be Performed During the Contest:**

### **Manicure: Seasonal Fusion**

During the Seasonal Creative Manicure, competitors will showcase their skills by performing a dry gel polish spa manicure, which includes shaping the natural nail and performing cuticle work. They will also apply an exfoliation treatment and a mask and demonstrate a comprehensive 12-step hand and arm massage. Detailed instructions for this massage procedure will be available on the Skills Alberta website for reference.

Competitors are required to apply a bold red gel polish to nine fingers, leaving one ring finger unpolished. On this ring finger, they will create a hand-painted nail art representation of one of the seasons—spring, summer, autumn, or winter—without any three-dimensional decorations. The design will continue from the ring finger, across the back of the hand, and along the forearm up to the elbow, using any chosen art medium. All artwork must be hand painted and free from any embellishments. Competitors are responsible for supplying their own tools and materials for the freehand nail and arm design.

Note: **Sponser – Pro Beauty Group & Luxusnails**

### **Body Therapy Treatment**

Competitors will perform a manual leg and foot exfoliation from the knee down, including the entire foot followed by a mud detoxification wrap to the exfoliated area finishing with a lotion.

During the detox wrap, competitors will perform a pressure point head massage ([found here](#)) followed by a jade comb head massage ([found here](#)).

Competitors will then complete a dry (no soaking) mini pedicure on a lay down bed which will include toenail trimming, filing, and cuticle work with a French lacquer polish (base coat, white French application that compliments the toenail shape, blush pink overlay, topcoat). Corrections are permitted. Polishes to be supplied (**L'Moor & Pro Beauty Group**).

### **Creative Makeup: Seasonal Fusion**

In the seasonal fusion creative makeup challenge, competitors will use their own makeup and tools to create a unique design. The task is to blend the essence of two chosen seasons onto the face and décolleté, with equal representation of each season (50/50 split). Competitors may choose any two seasons for their design.

Judging will focus on creativity, technical skill, color harmony, theme representation, and overall impact. Competitors should aim to create a memorable fusion of two seasons, using two accessories to enhance their design.



### **Advanced Facial**

The competitor will showcase an advanced facial routine, featuring the application of cleanser, exfoliant, serum(s), mask and finishing products.

The facial treatment will utilize equipment such as the BT Sonic for cleansing ([link to video found here](#)) and BT Micro for product infusion and cold globes ([link to video found here](#)).

Participants will demonstrate lymphatic drainage techniques on the face, followed by a relaxing massage covering the face, neck décolleté and neck & shoulders.

Note: **Sponsor – L'Moor**

Note: It is the candidate's responsibility to prepare for the competition by becoming familiar with the products and machines to be used during the competition.

### **EQUIPMENT, MATERIAL, CLOTHING**

#### **EQUIPMENT AND MATERIAL PROVIDED BY SKILLS CANADA ALBERTA:**

##### **General Equipment & Materials**

- Hot Towel Cabinet
- Small Garbage Cans and Bags
- Cleaning Products
- Hand Soap
- Paper Towels
- Makeup Chair
- Aesthetics Beds (Massage Tables)
- Trolleys (3 Shelves)
- Step Stools
- Manicure Tables
- Chairs With Back
- Step Stools

### **Advanced Facial**

Following equipment and apparatus for the treatment will be supplied by Skills Canada Alberta:

- BT Sonic/BT Micro
- Facial Globes
- Cooler with Ice

All products for facial will be supplied (**L'Moor**)



## Manicure

- LED Gel Lamps

**Note: All Nail Art supplies must be supplied by the competitor**

Nail products for the manicure will be supplied by (Luxusnails & Pro Beauty Group)

## Body Therapy

- LED Gel Lamps

Nail products for the pedicure will be supplied (Luxusnails & Pro Beauty Group)

All products for body treatment will be supplied (L'Moor & Pro Beauty Group)

## Creative Makeup

Cleanser, toner, and moisturizer will be supplied (L'Moor)

**COMPETITORS WILL BE REQUIRED TO USE THE MATERIAL AND EQUIPMENT PROVIDED BY SCA. ALL OTHER MATERIAL AND EQUIPMENT WILL BE REMOVED FROM THE SKILL AREA.**

## EQUIPMENT AND MATERIALS PROVIDED BY THE COMPETITOR:

### General Supplies

- Kleenex
- Table examination paper
- Gibson Towels
- Hand sanitizer
- Disinfecting agents for surfaces, tools and implements
- Gloves (non-latex only)
- Finger cots
- Gauze
- Cotton rounds
- Dispensing bowls for all treatments, as well as a tray to carry items from back bar to work area
- Dust mask (Facial protective mask)
- Clipboard
- Pens and pencils

Competitors must bring a copy of the Contest Description, Test Project and all other documents pertaining to the Aesthetics competition.

### Advanced Facial

- 2 stainless steel bowls (for facial & body treatment)
- 1 flexi bowl
- Facial mask brushes
- Hook neck water bottle or small water jug
- White Towels, (1) large and (4) medium
- 2 flat sheets
- 1 blanket
- Facial gown or wrap (1) white
- Slippers (1) set
- Head band (1) (any color)
- White robe (1)

### Manicure

- Manicure implements for nail care: only cuticle nippers, nail clipper, nail scissors, and steel pusher
- Brush for mask
- White Towels, (3) medium
- All supplies required for the nail art on nail, finger, and arm

**Note: Nails stones are not allowed to push back cuticles, no electric tools allowed**

### Body Therapy

- Pedicure implements for nail care: only cuticle nippers, nail clipper, nail scissors, and steel pusher
- Mud application brush
- 2 stainless steel bowls (for facial & body treatment)
- Plastic sheet (see L'Moor 2025 Skills Canada Facial/Body Practice Kit PDF)
- Mylar sheet (see L'Moor 2025 Skills Canada Facial/Body Practice Kit PDF)
- Jade combs x2 ([example](#))
- White Towels, (2) large and (8) medium
- 2 flat sheets
- 1 blanket
- Facial gown or wrap (1) white
- Slippers (1) set
- Head band (1) (any colour)
- White robe (1)
- Disposable Sandals (1)



***Note: Nails stones are not allowed to push back cuticles, no electric tools allowed***

### **Creative Makeup**

- Tweezers (for artificial lashes)
- Makeup brushes (all applicators)
- Q-tips
- ALL makeup products for makeup look
- False strip eyelashes and glue
- Makeup sponges
- Makeup primer
- Sharpener
- Accessories to complete look
- Scissors for lashes
- Make-up palette to dispense make-up
- White Towels, (2) medium
- Hair clip or headband (for keeping model's hair secure during make up application and for the facial)
- Gown & robe for draping model
- Disposable mascara wands
- Spatulas (for cream, mask, makeup products, etc.)

### **Required Clothing Provided by The Competitor.**

- Uniform (see test project) no leggings or yoga pant styles allowed, all black
- Black non-slip, flat or low heel, closed toed shoes with no laces
- Black socks above the ankle must be worn
- No jewelry which may interfere with the task being performed or place the model or aesthetician at risk
- Hair must be tidy and tied back, off the collar and face
- Competitor must have short, natural nails. No nail extensions, or recent removal of.
- No nail varnish or coverings.

### **SAFETY REQUIREMENTS**

#### **Safety workshop**

Upon arrival at the Skill area, Competitors will participate in a Safety workshop, and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking

any health, safety and environmental rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

**List of Required Personal Protective Equipment (PPE) Provided by Competitors and Used As Needed.**

- Closed toed non-slip shoes
- Protective mask
- Non-latex gloves
- Finger cots

**ASSESSMENT**

**Points Breakdown**

POINT BREAKDOWN	/100
Advanced Facial	30
Body Therapy Treatment	30
Manicure	20
Creative Makeup	20

**CONTEST SPECIFIC RULES**

Contest specific rules cannot contradict or take priority over the Competition Rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during competitor orientation.

TOPIC/TASK	CONTEST SPECIFIC RULE
Infrastructure	-Competitors are not allowed to bring or use facial sponges -Competitors must get approval from the Provincial Technical Committee to bring any other equipment or material that is not listed. Please contact Skills Alberta for approval.
Projects	Competitors are allowed to make corrections during polishing for Manicure with Nail Art project. PTC can change a maximum of 30% of the work content at the competition.



### **Tiebreaker**

- Tiebreaker #1: In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner.
- Tiebreaker #2: In the event of second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.
- Tiebreaker #3: If a tie remains, the competitor with the highest score in the Creative Makeup criteria will be declared the winner.

**Qatar** During the competition, if Competitors are found speaking to coaches and/or spectators they risk disqualification.

### **ADDITIONAL INFORMATION**

#### **Skills Canada Alberta Regional and Provincial Rules and Regulations**

[Regional and Provincial Rules and Regulations](#)

#### **Test Project change at the Competition**

Where a Test Project has been circulated to competitors in advance, the PTC can change the project up to a maximum of 30% of the work content for the competition.

#### **Lunch**

Lunch for competitors will be provided by Skills Canada Alberta.

#### **Parking & Venue Maps:**

<http://edmontonexpocentre.com/attend/parking/>

Parking is FREE for all attendees.

#### **Opening Ceremonies / Competitor Registration**

Opening Ceremonies for the PSCC will take place on Tuesday May 6, 2025, at 6:00 pm in Hall D of the Edmonton EXPO Centre. Admission is free, and everyone is welcome to attend. It is important to note that competitor registration will open immediately following the Opening Ceremonies.

#### **Awards Ceremony**

The Awards Ceremony will take place on Thursday May 8, 2025, at 6:30 pm in Hall D of the Edmonton EXPO Centre. Admission is free and everyone is welcome to attend. The Awards Ceremony will be shown live at <http://skillsalberta.com/>





## Team Alberta Information

Team Alberta will be selected at the PSCC Awards Ceremony. Gold medalists will then be eligible to participate at the Skills Canada National Competition (SCNC) on May 28- May 31, 2025, in Regina, SK. It is recommended that competitors review the SCNC contest description to be familiar with the national contest description and project at

<https://www.skillscompetencescanada.com/en/calendars/category/skills-canada-national-competition/>

During the PSCC Awards Ceremony on Thursday May 8, 2025, gold medalists will be given their Team Alberta information package and will confirm their participation in the SCNC. Students must be present at the Awards Ceremony to claim their position on Team Alberta. If the Gold medalist is not able to attend SCNC, the next top ranking individual will be asked to participate. If a student is not able to attend the Awards Ceremony a letter confirming the student's interest in Team Alberta participation must be emailed to [javierad@skillsalberta.com](mailto:javierad@skillsalberta.com) prior to the start of competition on May 7, 2025.

Please prepare your students in advance to accept a position on Team Alberta and review how your school will support their participation.

Please see this link for additional Team Alberta information: <https://skillsalberta.com/team-alberta/>

## Questions?

Please contact Mike Sury [MikeS@SkillsAlberta.com](mailto:MikeS@SkillsAlberta.com)

## COMMITTEE MEMBERS

Member Organization	Name
Esthetician	Brittany Kellow - Co Chair
Esthetician	Jenna Holman - Safety Officer
Esthetician & Educator- CT Centre	Kaitlyn Green - Chair
Educator - MC College	Rola Eido