



## 2025 South West Regional Skills Canada Competition

### Contest Description

Lethbridge Polytechnic (3000 College Drive South, Lethbridge)

March 8, 2025

<b>EVENT:</b> FASHION TECHNOLOGY		<b>LEVEL:</b> Secondary
<b>DURATION OF CONTEST:</b> 5 HOURS		<b>LOCATION:</b> LETHBRIDGE POLYTECHNIC TT2902
<b>COMPETITION SCHEDULE:</b>		<b>REGIONALIZED: NO</b>
EQUIPMENT DROP OFF (TT2901)	7:50 A.M.	
CHECK IN (FOUNDERS' SQUARE)	8:00 A.M.	
ORIENTATION	8:30 A.M.	
COMPETITION BEGINS	9:00 A.M.	
LUNCH	11:45 A.M.-12:15 P.M.	
COMPETITION ENDS	2:30 P.M.	
<b>AWARDS CEREMONY INFORMATION:</b> The awards ceremony will be held at 4:00 p.m. in the Swing Space (AN1804). It is open to the public, and parents are encouraged to attend.		

### CONTEST INTRODUCTION

To assess the contestant's ability in sewing construction related to the field of fashion technology.

### PROJECT DESCRIPTION

- Competitors will choose their own pattern for the competition. **Pattern choices need to be submitted to the committee by no later than February 22 for their approval** prior to the competition. Competitors are encouraged to submit their pattern as soon as it has been selected/created.
  - Email pattern selection to [office@careersteps.ca](mailto:office@careersteps.ca) for approval. Approvals will be completed within 2 business days. Those not approved will have reasoning included.
- Patterns/designs chosen by the students may be either a store-bought pattern or one drafted by the participant as long as it meets the following criteria:
  - Is able to be sewn during the allotted competition time
  - Is a top/shirt that has sleeves, a closure, and one additional design feature (ex. colour blocking, ruffles, decorative elements, etc.)
  - Is a design that will highlight the participant's skill level



- Competitors should arrive with pattern pinned and ready to cut on the morning of the contest. Competitors will be given time to layout their pattern so that it can be judged prior to the competition start time. **DO NOT** cut prior to the contest.
- The **Garment Information Sheet** (last page of this document) must accompany your pattern layout on the morning of the competition. Please **staple a 2 inch by 2 inch swatch of the fabric** you are using to the Garment Information Sheet.
- A fashion illustration or technical drawing must accompany your pattern layout on the morning of the competition. The illustration/technical drawing **must clearly** show all the construction details of the garment (seams, topstitching, closures, decorative elements, etc.) and can be drawn using the croquis found at <https://skillsalberta.com/wp-content/uploads/2022/10/PSCC-Watermark.pdf>, if desired. The illustration/technical drawing will not be judged but will give the judges a clear vision of your chosen design that will assist in the process.
- **Students are strongly encouraged to sew a practice garment at home or school, in order to establish assembly techniques and timelines for completion.**
- Competition support will be available in the room throughout the contest. Competition support may be approached with questions about machine issues but should not be relied upon to provide garment construction support.
  - **Supervisors for these competitors are expected to remain on the Lethbridge College campus and be prepared to help with any equipment malfunctions if necessary.**
- It is recommended that competitors label all equipment. Career Transitions and/or Lethbridge Polytechnic are not responsible for any equipment.
- Visitors (including friends, family members, classmates, and teachers, etc.) will not be allowed to enter competition rooms without permission from the Competition Support in the room. Communication with competitors could result in points being deducted from the competitor's final score.

**EQUIPMENT AND MATERIALS COMPETITORS MUST SUPPLY:**

- Pattern of competitor's choice – vetted per above
- Sewing machine, needles, thread, and bobbins
- Serger
- Iron and ironing board with cover; water if necessary
- A power bar and/or extension cord is required
- Fabric
  - price of fabric is NOT to exceed \$30.00 per meter
  - fabric choice is a main fabric
- Each competitor will be reimbursed \$55.00 to help offset the cost of pattern, fabric and notions used for the competition and preparation
- Equipment and supplies needed to construct garment (e.g.: tape measure, pins, scissors, marking equipment, etc.)
- Appropriate hanger to display your garment



- Please label all personal equipment
- Optional: Sealed water bottle (must not be able to spill). NO other beverages are allowed. NO food is allowed.

#### **EQUIPMENT AND MATERIALS SUPPLIED BY THE COMMITTEE:**

- A station for each competitor including:
  - a 3 ft. by 6 ft. table
  - chair
  - electrical outlet (students must bring their own extension cords and/or power bar as not all electrical outlets are directly beside the students' table)

#### **JUDGING CRITERIA**

Competitors will be judged on:

- Pattern layout
- Garment information sheet
- Construction – stitches
- Construction – seams
- Construction – sleeves
- Construction – closure
- Construction – design feature
- Finishing – pressing
- Finishing – presentation
- Level of difficulty\*

See attached judging sheet for further detail.

\* Participants are encouraged to attempt something that will challenge their abilities vs something that is too easy for their skill level. The committee would rather see a competitor attempt something a little bit harder and have some minor issues with it than to perfectly sew something below their skill level. Once again, the committee strongly encourages competitors to sew at least one practice garment in order to establish assembly techniques and timelines for completion.

#### **RELATED CAREER AND TECHNOLOGY STUDIES COURSES**

Descriptions of all modules are located at the following website:

<https://education.alberta.ca/career-and-technology-studies/programs-of-study/>

FAS 1030: SEWING FUNDAMENTALS

FAS 1130: CONSTRUCTION FUNDAMENTALS

FAS1000: FASHION ILLUSTRATION 1

\*FAS 2130: CONSTRUCTION FUNDAMENTALS 2 – may be helpful but is not crucial





### **CLOTHING REQUIREMENT**

It is important that competitors present a professional image and appearance:

- Appropriate work clothing must be worn to compete including no open-toed shoes, no cloth or knit shoes. All clothing must be neat and clean and free of rips and tears. Casual wear such as shorts will not be permitted. No loose-fitting clothes or jewelry.
- Cell phones are not allowed in the competition area.
- Students who wish to listen to music while they work will be allowed to bring in headphones and iPods, mP3 players, etc. as long as the device does not have internet browsing capabilities. Competition assistants may ask to see the device to ensure it complies with requirements.

### **SAFETY**

The health, safety and welfare of all individuals involved with Skills Canada Alberta are of vital importance. Safety is a condition of participation with Skills Canada Alberta and shall not be sacrificed for the sake of expediency. At the discretion of the judges and technical committees, any competitor can be denied the right to participate should they not have the required proper safety equipment and/or act in an unsafe manner that can cause harm to themselves or others.

### **PARKING INFORMATION & VENUE MAPS**

Please park in Lot J – there is no charge. Overflow will also be allowed in Lot V & P. A printable parking map of Lethbridge Polytechnic can be found at: <https://lethpolytech.ca/document-centre/facilities-management/parking-map>

### **ADDITIONAL INFORMATION**

Lunch will be provided for all competitors, teachers and judges. Your ticket will be in the back of your nametag. Unfortunately, all allergies may not be able to be accommodated for. Please contact the local Regional Coordinator for more information.

### **REGIONAL REGULATIONS & POLICIES**

A copy of the Skills Canada Alberta Regional Regulations & Policies can be found at the following link: <http://www.skillsalberta.com/policies-and-procedures>



### EVENT SCHEDULE

7:50	Competitors drop their supplies in the competition area (TT2902). Competitors will lay out their patterns and Garment Development Sheet but will NOT set up any equipment at this point. The closest drop doors are the Trades doors. TT2902 will be locked at 8:05.
8:00	Competitors check in at Founders' Square and wait to be escorted back to the competition area.
8:30	Students are escorted to the competition room
8:40	Equipment set up and orientation for students
9:00	Competition begins <ul style="list-style-type: none"> <li>• Students may now cut their fabric</li> </ul>
11:45	Lunch break – competition room will be locked
12:15	Competition resumes
2:30	Competition ends – Judging begins Students may proceed to competitor lounge (Swing Space AN1804)
4:00	Awards Ceremony (Swing Space) – open to the public

### COMMITTEE MEMBERS

Kirby Bartz	The Alteration Shoppe
Deanna Brouwer	Teacher
Tineke de Jong	Community Member
Patti DeGorter	Community Member
Carly Gibson	Teacher
Holly Lehbauer	Career Transitions
Angie Roelofs	Community Member
Judy Stolk-Ingram	Career Transitions



## Garment Information Sheet

**Competitor:**  
\_\_\_\_\_

**School:**  
\_\_\_\_\_

**Attach fabric sample here**

Please complete the following questionnaire.

**Staple a 2 inch by 2 inch swatch** of your fabric specified space above. Submit these documents along with your pattern layout on the morning of the competition in room TT2902.

**Please describe the type of fabric (fibre content and fabric type) you have selected to construct this garment.**

**Please explain why this fabric is an appropriate choice for this pattern.**

**Based upon your fabric choice, please explain the care requirements for your garment.**

Seam allowance: \_\_\_\_\_ in/cm

Hem allowance: \_\_\_\_\_ in/cm

**Cost Analysis: The purpose of this section is to allow you to compare the cost of creating a garment to the cost of purchasing it.**

**Fabric Cost** (for one garment) \$ \_\_\_\_\_ (A)

**Notions** (including thread, closures, trims, etc.) \$ \_\_\_\_\_ (B)

**Labour – Production**

(Based on 5 hour completion time & \$15/hour) \$ \_\_\_\_\_ (C)

**Total (A+B+C)** \$ \_\_\_\_\_