



2025 Calgary Regional Skills Canada Competition

Contest Description

SAIT Main Campus (1301 – 16 Ave NW, Calgary)

March 15, 2025

EVENT: Video Production		LEVEL: Secondary
DURATION OF CONTEST: 7 HOURS		LOCATION: SAIT Main Campus, Competitors Room - NL05 NL11 & NL13 - for storage of coats, etc. Senator Burns building. (lower level of Senator Burns building -- L-Wing)
COMPETITION SCHEDULE:		REGIONALIZED: YES If YES, To compete at the Provincial Skills Canada Competition students must qualify at their Regional Skills Canada Competition.
ORIENTATION	7:15AM – 7:30AM	
COMPETITION	7:30AM – 2:30PM	
WORKING LUNCH	12:00PM-12:30PM	
JUDGING	2:30PM – 3:30PM	
VIDEO VIEWING	3:30PM – 4:30PM	
AWARDS CEREMONY INFORMATION: An awards ceremony will be held at the end of the competition in the MacDonald Hall (MA) Heritage Hall Building at 5pm.		

CONTEST INTRODUCTION

The purpose of this contest is to evaluate proficiency in the video communications fields. This event gives students an opportunity to explore the field of Digital Video Production, while completing the challenge of creating a short video based on the provided topic, matter, and theme.

SKILLS AND KNOWLEDGE TO BE TESTED

The project should:

- Be a minimum of 1 minute to a maximum of 1:15 minutes in length
- Be interesting and informative while maintaining a focus
- Have a beginning, middle and end
- Exhibit an appropriate pace that keeps viewers interested
- Incorporate location sound and/or voice over narration
- Demonstrate effective time management

Create a one-page Microsoft Word document or pdf, single-spaced. Submit on a **USB stick with their video**, stating the following:

- Target audience
- Goals and objectives
- Approach/treatment
- Equipment used
- Innovative solutions to problems



PROJECT DESCRIPTION

Competitors will create a 1-minute video using a provided theme, a provided target audience, and provided goals and objectives. This theme will be provided the morning of the competition. The production will incorporate camera work, storytelling, audio, video editing, and style. The **SAIT Campus** will serve as the setting for the production, with all work occurring in the confines of **SAIT Campus**. No footage captured prior to the competition is allowed to be used. All footage must be captured during the competition hours and on the school property. The use of footage or images downloaded from the Web (YouTube, Google Images, etc.) will result in disqualification. If your project includes people other than the registered competitors, please ask for consent prior to filming.

Recommendations:

- Obtain as much information about the subject as you can. As a team, discuss different options for a possible approach and then go with the one that seems the most appealing and original.
- Begin the project with as much of a detailed plan as possible but don't be afraid to deviate from it if better ideas come up during shooting or editing.
- Consult with experts either on-camera or off.
- The focus should stay true to the topic.
- Backup and save work regularly.
- Teams can bring backup equipment in case of malfunctions but can only use one editing system at a time (including music and graphics). All backup equipment must only be used in emergency situations and stored away within the boundaries of the competition site.

EQUIPMENT & MATERIALS

Equipment and Materials Competitors Must Supply:

- One computer with video editing software - must be able to export a 1920x1080p, H.264 file format (.mov/.m4v/.mp4). Tape based outputs cannot be utilized.
- Computers can be laptops or desktops. You are responsible for any software you wish to use, as well as any required accessories (power adapter, keyboard, mouse, monitors, headphones, etc.)
- Cell phone registration: participants wishing to use their cell phones for voice recording or drafting the production brief must register their devices prior to usage with a RTC member.
- Any type or style of video camera (video/DSLR/mirrorless/mobile device).
- Any number or style of camera lenses.
- Memory cards with a means of transferring footage to a computer (card reader, USB cable etc.), or the use of a cloud-based storage server to store and retrieve acquired footage (Dropbox, Google Drive, OneDrive).
- Batteries and chargers (for camera, audio devices, etc.)
- Microphones and audio recording devices (shotgun, boom, lav, handheld, wireless, external audio recorder, desktop USB mic, etc.). **Please note that a dedicated room for sound recording may not be available.**
- Headphones: 8mm to ¼" adapters should be considered for certain I/O devices, cameras, and audio equipment.
- Tripods, monopods, handheld stabilizers, gimbals (no rails, jibs or sliders)
- Camera mounted or handheld, battery-powered mounted lights.
- Battery operated lights are permitted to use. Any lights brought into the competition will require a proper floor stand as needed and/or the ability to be handheld or mountable on a camera, lighting stand, or C-stand. Teams will need to allocate space in their editing areas for charging battery-operated lights.
- There are no restrictions on the use of the editing software including effects, generators, titles, colour correction, plugins, templates, etc.
- Copyright free and Royalty free Music is allowed. Participants are encouraged to create their own music at the event. However, they may bring licensed music pre-downloaded to their device, as long as they are able to provide proof of licensing for any music or sound effects utilized in their productions. They may either preload these assets onto their devices or download them on the day of the event; both options are acceptable.
- The use of Copyrighted music is NOT permitted.



- Only 1 online interview is permitted per team if it is deemed essential for the story. You may record interviews using ZOOM, Skype, Microsoft Teams, and use capture recording software like OBS (Open Broadcaster Software) to record the interview <https://obsproject.com/>

*****Note: Clearly mark all your equipment. Competitors will assume full responsibility for all equipment.**

Editing Criteria:

- At the beginning of the playback there needs to be a slate for: 04 indicating team number and school name. The slate does not count for the total time of the video. File name format for submission is as follows:
Team XX – School Name - City
For example: Team 02-Riverdale High School-Riverdale
- Please see the above note regarding copyright-free music.
- Only props found on site are to be used during the competition.
- No footage captured prior to the competition is allowed to be used.
- Coaches are not to help, supply props or appear in their team's video.
- Completed videos must be within +/- 4 seconds of the specified length. If the length is more than +/- 4 seconds, demerits may be given.
- No importing of JPEG/RAW still images from DSLRs.
- There are no restrictions on the use of the editing software including effects, generators, titles, colour correction, plugins, templates, etc. These must be loaded onto the editing system prior to arriving on site.
- AI-generated content: using AI to create content from scratch is not permitted in this contest. Students are expected to film and edit their own content, create their own graphics (when needed), and source their own copyright-free music (see above note regarding music). However, using AI as an enhancement to the project (i.e. Generative Extend in Premiere Pro) is allowed. If you do use these tools, please include a list of the AI tools and prompts used. While AI tools can make workflows more efficient, do keep in mind that they also have their limitations.
- It is the responsibility of the competitors to obtain permission to record in other contest areas. They must also ask about and take proper safety precautions.
- All editing to be completed in the competition area.

Equipment and Materials Supplied by the Committee:

- Workspace and power supply
- Playback system for group viewing

Video and audio acquired MUST originate from the 2025 Regional Skills Canada Competition on the above listed competition date. Use of previously acquired audio or video content will result in the entry being disqualified.

PLEASE ENSURE YOU ALLOW TIME FOR VIDEO RENDERING. ALL VIDEOS MUST BE RENDERED AND SUBMITTED BY THE COMPETITION END TIME SPECIFIED ABOVE.

JUDGING CRITERIA

- Camera Work: composition and technical operation
- Audio: sound clarity, consistency, appropriate use, overall mix
- Editing: effective combining of imagery, flow, pacing
- Storytelling: introduction and closing, coherency, effective writing and/or information appropriate to subject matter, target audience and style of video

MARKING RUBRIC

Technical		
/5	Camera Work	Composition and motivated aesthetic, creative camera shots and technical operation
/5	Audio	Clarity, consistency, appropriate use, overall mix
/5	Editing	Flow, pacing, use of natural and location sound
Content		
/5	Storytelling	Evidence of planning, introduction and closing, fulfils goals and objectives, coherency, effective storytelling and/or information appropriate to subject matter, target audience and style of video, effective video referencing, logical progression of ideas
/5	Interviews and/or use of on-camera talent	Interesting location, interactive with environment, interesting characters, short concise clips, conversational, motivated movement, natural flow in story.
/5	Approach/Style	Style and tone, effective combining of imagery and sound, level of difficulty
/5	Content Criteria	Project is on topic. Fits well with the provided theme. Project fits with the time constraints required.
/5	Production Brief	Create a one-page production brief stating the following (target audience, goals and objectives, approach/treatment, equipment used, innovative solutions to problems).
/5	Project Specifications	<ul style="list-style-type: none"> • Correct length • Correct format • Correct filename • Meets genre specifications
/5	Overall Impact	Impact, Creativity and Overall Production Quality
/50	Total Points	Teams may be penalized for teacher/coaches conferring with competitors during the competition. Technical assistance may be permitted.

TIE BREAKING PROCESS

In the event of a tie between two or more competitors, the overall winner will be determined based on the best score in the storytelling category. In the event of a second tie, the overall winner will be determined based on the best score in the Approach category.

RELATED CAREER AND TECHNOLOGY STUDIES COURSES

Descriptions of all modules are located at the following website:

https://education.alberta.ca/media/160263/com_sum.pdf

COM1005 Visual Composition
COM2015 AV Preproduction 1
COM2125 AV Postproduction 1
COM3115 AV Production 2
COM3135 Audio Techniques

COM1105 Audio/Video
COM2115 AV Production 1
COM3105 AV Preproduction 2
COM3125 AV Postproduction 2
COM3005 Creative Writing



CLOTHING REQUIREMENT

Appropriate work clothing must be worn to compete. On-camera talent should wear appropriate clothing with no visible brand logos and/or slogans and no school/team identification. Casual wear such as shorts will not be permitted. No loose-fitting clothes or jewelry.

SAFETY

The health, safety and welfare of all individuals involved with Skills Canada Alberta are of vital importance. Safety is a condition of participation with Skills Canada Alberta and shall not be sacrificed for the sake of expediency. At the discretion of the judges and technical committees, any competitor can be denied the right to participate should they not have the required proper safety equipment and/or act in an unsafe manner that can cause harm to themselves or others.

ADDITIONAL INFORMATION

Lunch will be provided for all competitors. Unfortunately, all allergies may not be able to be accommodated for. Please contact the local Regional Coordinator for more information.

Parking Information:

Regulations & Policies: A copy of the Skills Canada Alberta Regional Regulations & Policies can be found at the following link: <https://skillsalberta.com/policies-and-procedures>

REGIONAL COMMITTEE MEMBERS

Sally Haggis	Instructor, RTBN, SADT, SAIT
Damien Mustaphi	Instructor, FVP, SADT, SAIT
Matt Watterworth	Instructor, FVP, SADT, SAIT
Leen Kranenburg	Instructor, RTBN, SADT, SAIT

2025 SAMPLE PRODUCTION BRIEF FORMAT

***This document is for sample purposes only, and will be distributed with complete information on competition day**

TEAM NUMBER: _____

THEME: (To be provided on competition day)

TARGET AUDIENCE: (To be provided on competition day)

GOALS AND OBJECTIVES: (To be provided on competition day)

APPROACH/TREATMENT (Style, effective combining of imagery, sound and graphics)

EQUIPMENT USED (List your production/sound gear, editing system, etc)

INNOVATIVE SOLUTION TO MEET THE GOALS AND OBJECTIVES (how your video targets the demographic in a unique way, that will appeal to this audience)

If applicable: Filename Format for submission:

Team XX – School Name - City

EG ; Team 02-Riverdale High School-Riverdale

