

Appendix #5 Common Table Ingredients

| Dry Goods | Frozen | Vegetables |
|---------------------------------|-------------------------------|---------------------|
| Agar Agar | Blackberries | Carrots |
| Barley | Blueberries | Celery |
| Baking Powder | Raspberries | Fennel |
| Baking Soda | Strawberries | Garlic |
| Breadcrumbs, Panko | Fruit, fresh | Ginger |
| Capers | Apples, Gala, Granny Smith | Leeks |
| Chocolate Dark, Callebaut 54.5% | Blueberries | Arugula |
| Chocolate Milk, Callebaut C383 | Lemons | Celery Root |
| Chocolate White, Callebaut 28% | Limes | Spinach |
| Coffee, Instant | Oranges | Shimeji Mushrooms |
| Cocoa Powder | Pears: Anjou | Shitake Mushrooms |
| Cornstarch | Strawberries | Green onions |
| Flour, All-purpose | Mango, Alphonso | Red onions |
| Flour, Bread | Dairy | Yellow onions |
| Flour, Cake/Pastry blend | Butter, unsalted | Shallots |
| Dried Fruit, Apricots, Cherries | Cream, 35% | Jalapeño peppers |
| Gelatin Sheets | Milk, 3.25% | Red Bell peppers |
| Gelatin Powder | Sour Cream, 14% | Russet potatoes |
| Glucose | Cheese | Yukon Gold potatoes |
| Honey | Aged Cheddar | Daikon Radishes |
| Semolina Flour | Parmesan-Reggiano | Red Radishes |
| Rice, Long grain | Emmenthal | Squash, butternut |
| Canola oil | Brie | Tomatoes, Roma |
| Olive oil | Herbs and Spices - Dry | Zucchini, green |
| Maldon Sea salt | Bay Leaves | Sweet Potato |
| Table Salt | Cardamom, green | Lentils, green |
| Kosher salt | Cinnamon, Sticks | Fresh Herbs |
| Sesame Seeds, white | Cloves | Basil |
| Shortening | Black peppercorns | Chives |
| Soy Sauce | White peppercorns | Cilantro |
| Granulated sugar | Rosemary | Dill |
| Powdered sugar | Thyme | Parsley, Italian |
| Brown sugar | Nutmeg, whole | Rosemary |
| Canned tomatoes, Diced | Star Anise | Tarragon |
| Tomato paste | | Thyme |
| Vanilla beans | | Mint |
| Vanilla extract | | Sage |
| Balsamic vinegar | | Chervil |

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| Cider vinegar | Proteins and Stocks | |
| Red wine vinegar | Bacon, sliced | Miscellaneous |
| White (distilled) vinegar | Bacon, slab double smoked | Cheesecloth |
| Alcohol | Eggs, large | Parchment Paper |
| Non-alcohol wine: red, white | Dark Beef stock | Smoking Chips |
| Red Wine: Cab Sauv, Pinot Noir | Chicken stock, white | White Bread |
| White Wine: Chardonnay, Riesling | Fish fumet | Aluminum foil |
| Sherry, Dry White | Chicken Supreme (4ea.) | Butcher's twine |
| Maderia | Chicken Breast, boneless skinless | Disposable gloves |
| Grand Marnier | Chorizo, dried | Plastic wrap |
| Brandy VSOP | Nuts | Pan spray |
| Beer: IPA, Lager | Almonds, whole | Whippet charges |
| | Hazelnut, whole | |
| | Pistachios, whole | |
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