

Appendix #5 Common Table Ingredients

Dry Goods	Frozen	Vegetables
Agar Agar	Blackberries	Green Beans, French
Apricot Glaze	Blueberries	Yellow beets
Baking Powder	Raspberries	Carrots
Baking Soda	Strawberries	Celery
Breadcrumbs, Panko	Fruit, fresh	Cucumbers, long English
Capers	Blackberries	Fennel
Chocolate Dark, Callebaut 54.5%	Blueberries	Garlic
Chocolate Milk, Callebaut C383	Lemons	Ginger
Chocolate White, Callebaut 28%	Limes	Leeks
Coffee, Instant	Oranges	Arugula
Cocoa Powder	Raspberries	Frisée
Cornstarch	Strawberries	Radicchio
Flour, All-purpose	Dairy	Romaine
Flour, Bread	Butter, unsalted	Spinach
Flour, Cake/Pastry blend	Cream, 35%	Micro-Greens
Flour, Almond	Milk, 3.25%	Mushrooms, Button #1
Gelatin Sheets	Sour Cream, 14%	Green onions
Gelatin Powder	Cheese	Red onions
Glucose	Mozzarella shredded 20%	Yellow onions
Honey	Parmesan-Reggiano	Shallots
Instant yeast	Smoked Fontina	Jalapeño peppers
Malt Syrup	Oka	Red Bell peppers
Milk Powder	Herbs and Spices	Yellow Bell peppers
Canola oil	Bay Leaves	Russet potatoes
Olive oil	Cayenne, ground	Yukon Gold potatoes
Olives, Kalamata	Cumin, ground	Daikon Radishes
Arborio Rice	Paprika, ground	Red Radishes
Table salt	Black peppercorns	Squash, butternut
Sea salt	White peppercorns	Cherry tomatoes
Kosher salt	Rosemary	Roma tomatoes
Sesame Seeds, white	Thyme	Zucchini, green
Shortening	Nuts	Fresh Herbs
Soy Sauce	Almonds, whole	Basil
Granulated sugar	Hazelnut, whole	Chives
Powdered sugar	Walnuts, pieces	Cilantro
Brown sugar	Proteins and Stocks	Dill
Canned tomatoes, whole	Bacon, sliced	Parsley, Italian
Tomato paste	Back Bacon	Rosemary

Tomato purée	Eggs, large	Tarragon
Vanilla beans	Beef stock	Thyme
Vanilla extract	Chicken stock	Dill
Balsamic vinegar	Fish stock	Parsley, Italian
Cider vinegar	Pepperoni, sliced	Miscellaneous
Red wine vinegar	Prosciutto, sliced	Cheesecloth
White (distilled) vinegar		English Muffins
Alcohol		Parchment Paper
Non-alcohol wine: red, white		Smoking Chips
		White Bread
		Aluminum foil
		Butcher's twine
		Disposable gloves
		Plastic wrap
		Pan spray
		Whippet charges