



## Contest Description

Edmonton Expo Centre, Edmonton  
May 6 & 7, 2026

<b>EVENT:</b> Aesthetics	<b>LEVEL:</b> Post-Secondary
<b>COMPETITION START TIMES:</b> May 6, 2025: 8:00 am May 7, 2025: 8:00 am	<b>KIT DROP OFF TIME:</b> May 5, 2026: 5:00-5:45 pm
<b>DURATION:</b> 12 hrs. (Two Days)	<b>LOCATION:</b> Hall B, Edmonton Expo Centre, Edmonton
<b>WORLDSKILLS TRADE #:</b> 30	

*Please Note: This document is subject to change as competition information is updated. Competitors are responsible for staying up to date with the most recent information. Check the footer for the last updated date. Changes will be highlighted in yellow.*

### CONTEST INTRODUCTION

#### Purpose of the Challenge:

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people physical and psychological well-being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for the hands, specific care of the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

### CONTEST DESCRIPTION

List of documents produced and timeline for when competitors have access to the documents.

DOCUMENT	DATE OF DISTRIBUTION VIA WEBSITE
Test Project	January 2026
Product list for all product supplied	January 2026

**Tasks That Will Be Performed During the Contest:****Advanced Facial:**

Sponsor: Moor Spa provided by L'Moor

Challenge Scope: Theme: "Out of This World" When Two Worlds Collide

Competitors will deliver a unique High Frequency facial that incorporates ancient ingredients from the Ice Age era, using mud to create a transformative skincare experience on a live model.

To begin, they will assess the model's health history to ensure the treatment is suitable. Next, they will perform a thorough cleansing and skin analysis to accurately evaluate the skin's condition. After exfoliation, the Viennese Massage (Indirect High Frequency) will be applied, using a variety of massage techniques and demonstrating precise control of the current intensity according to the treatment area.

Following this, a Moor Spa professional peel off masque will be applied, during which the competitor will provide a relaxing scalp massage. Once the masque is removed, they will select an appropriate glass electrode for the direct high frequency modality to infuse a serum tailored to the model's specific skin concerns.

Finally, the facial will conclude with the application of finishing products, leaving the skin glowing and rejuvenated.

**Manicure:**

Sponsor: TBD

Challenge Scope: Nail Tips Design - Galaxy & Mystery Themes

Competitors will begin by designing 10 nail tips on a nail tip holder.

In this creative and technical nail competition, participants will showcase their skills through a two-part challenge combining nail tip design and live model application, using only the tools and products provided by sponsor Light Elegance.

Competitors will begin by designing 10 nail tips: five with a Galaxy theme and five featuring a combination of two randomly selected themes from a set of five pre-released design inspirations (see Skills Alberta website for mystery designs).

The selected themes will be chosen on the day of the competition, and competitors will creatively interpret and combine them across the remaining five tips.

After completing the nail tips, competitors will perform a dry manicure on a live model, demonstrating proper techniques in clipping, filing, buffing, and cuticle work. They will then apply all 10 pre-designed

tips—five Galaxy-themed and five combining the selected themes—ensuring for a balanced, cohesive presentation.

### **Body Therapy Treatment:**

Sponsor: L'Moor

Challenge Scope: Full-Body Exfoliation & Hot Stone Massage

In this body treatment competition, participants will perform a full-body exfoliation followed by a hot stone massage.

The treatment includes exfoliating the back (nape to lower back), legs foot to knee (front and back) & upper leg (back only) and full arms (wrist to shoulder). Competitors will begin with a skin analysis, consulting with the model to assess skin type and condition, such as dryness or sensitivity. Based on this consultation, they will prepare a custom exfoliant in front of the model using a selection of provided salts, sugars, and carrier oils (no essential oils). While preparing the exfoliant, competitors must explain their choices and how the selected ingredients meet the model's skin needs.

The exfoliation will be removed with hot towels, followed by a hot stone massage on the back, back of the legs, and feet. The goal is to demonstrate both technical proficiency and an understanding of ingredient benefits. The remaining exfoliant will be packaged and given to the model along with a recipe card for at-home use. Only the products provided may be used during the competition.

### **Makeup:**

Challenge Scope: Makeup - Galaxy Theme

In this fantasy makeup competition, competitors will create an original, Galaxy-themed makeup design covering 75% of the model's face, neck, and décolleté, extending two inches below the collarbone. Competitors may use the makeup medium of their choice (excluding airbrush) and are encouraged to be creative in their interpretation of the theme. The remaining 25% of the area may be left bare or minimally blended for balance, but the focus should be on showcasing detailed artistry and imaginative design within the themed area.

3D embellishments and any other decorative additions on the face, neck, or décolleté are not permitted. This includes rhinestones, gems, glitter pieces, or any raised or non-makeup materials. Accessories such as hair bands, clips and hair adornments will be judged separately during a designated judging time (see Contest Scope Project). Competitors must use their own makeup products. The final look should demonstrate advanced technical skill, creativity, and thoughtful execution across the entire design area.

**EQUIPMENT, MATERIAL, CLOTHING****EQUIPMENT AND MATERIAL PROVIDED BY SKILLS CANADA ALBERTA:****General Equipment & Materials**

- Chairs with backs
- First aid kit
- Fire Extinguisher
- Eyewash station
- Lay down beds
- Trolleys
- Hot towel cabinets
- Small garbage cans & bags
- Disinfecting Wipes
- Kleenex
- Gauze 4x4
- Hand soap
- Disinfecting wipes
- Hand sanitizer
- Clipboards
- Pens/Pencils
- 4x4 facial gauze
- Non-latex gloves
- Disposable paper towels
- Basket for model clothing
- Large scissors
- Sticky tack
- Power bar
- Swiffer

**Advanced Facial**

- Facial products (Moor Spa provided by L'Moor)
- High Frequency machines (spiral and orange electrodes)
- Towels
- Facial wrap/sarong
- Bath robe
- Slippers
- White headbands
- Bed linens
- Blankets

- Cornstarch
- Talcum powder

**Manicure**

- Manicure product & supplies (Sponsor TBD)
- LED Lamps
- Polish remover/acetone
- Nail dehydrator
- File 180/100
- Orangewood sticks
- Mini pink buffers
- Cuticle remover
- Base & top coat -gel polish
- Red gel polish
- Blue gel polish
- Yellow gel polish
- White gel polish
- Black gel polish
- Cat eye polishes
- Magnets
- Manicure tables
- Manicure table lights
- Nail art kits (see posted documents for examples)
- Gems (assorted sizes)
- Gem Gel
- Foil (silver and gold)
- Glitter (silver and gold)
- Pigment (flakes) iridescent
- Wax tool (Gem tool)
- Fine detail art brush
- Nail Tips
- Nail 2-way stickers
- Nail Tip holder
- Nail glue
- 3D gems
- Star gem
- Sponges
- Tweezers
- Dotter
- Lint free nail wipes

**Body Therapy**

- Body Therapy Treatment products (L'Moor)
- Grape seed oil
- Coconut oil
- Epsom salt
- Dead sea salt
- Brown sugar
- Raw sugar
- Massage oil
- Tongs to remove hot stones
- Slatted wooden spoon to remove hot stones
- Recipe cards
- 4oz (1/2 cup) containers
- Hot stone sets
- Crock pot
- Thermometer
- Flat sheets
- Blankets
- Bath robe
- Facial wrap/sarong
- Towels

**Creative Makeup**

- Cleanser
- Toner
- Moisturizer
- Wrap/sarong
- Robe
- Headband
- Tall chair
- Trolley

Cleanser, toner, and moisturizer will be supplied (L'Moor)

**COMPETITORS WILL BE REQUIRED TO USE THE MATERIAL AND EQUIPMENT PROVIDED BY SCA. ALL OTHER MATERIAL AND EQUIPMENT WILL BE REMOVED FROM THE SKILL AREA.**



**EQUIPMENT AND MATERIALS PROVIDED BY THE COMPETITOR:****General Supplies**

- Kleenex
- Gibson Towels
- Hand sanitizer
- Disinfecting agents for surfaces, tools and implements
- Cotton rounds
- Dispensing spatulas, as well as a tray to carry items from back bar to work area
- Large tongue depressors
- Dust mask (Facial protective mask)
- Clipboard
- Pens and pencils
- Consultation forms
- Hand sanitizer
- Spray bottle of 70% alcohol

Competitors must bring a copy of the Contest Description, Test Project and all other documents pertaining to the Aesthetics competition.

**Advanced Facial**

- 2 stainless steel bowls
- 1 flexi bowl
- Facial mask brushes
- Hook neck water bottle

**Manicure**

- Cuticle nippers
- Metal pusher
- Nail clippers
- Mixing palette for nail art section
- Tweezers
- Acrylic paint assorted colors

***Note: Nails stones are not allowed to push back cuticles, no electric tools allowed.***

**Body Therapy**

- 2 stainless steel bowls
- Dispensing spatulas
- Tray to carry dispensed products from back bar to work area
- Hand-held mini broom & dustpan
- Measuring cups & measuring spoons

**Creative Makeup**

- All makeup/art mediums to complete Galaxy makeup look
- All tools required to complete Galaxy makeup look (no airbrush)
- Makeup palette for dispensing
- Disposable mascara wands
- Disposable lipstick applicators
- Eyelash curler
- Sharpener
- Tweezers
- O-tips
- Cotton Pads
- Kleenex
- Strip lashes (any colour)/lash glue
- Hair clips to keep hair off face
- Head accessories to complete look

**Required Clothing Provided by The Competitor.**

- Uniform (see test project) no leggings or yoga pant styles allowed, all black.
- Black non-slip, flat or low heel, closed-toed shoes.
- Black socks above the ankle must be worn.
- No jewelry which may interfere with the task being performed or place the model or aesthetician at risk.
- Hair must be tidy and tied back, off the collar and face.
- Competitor must have short, natural nails. No nail extensions, or recent removal of.
- No nail varnish or coverings.



## Competition Specific Rules

The following Competition Specific rules along with SCA's overall Policies and Procedures provide specific details in competition areas that may vary from one another. Any additional contest rules will be reviewed during the Competitor Orientation.

Topic/Task	Contest Specific Rule
Competition	<ul style="list-style-type: none"> <li>Competitors are <b>not allowed</b> to speak and/or engage with any viewers/coaches/instructors etc. during the competition. Any talking will be assumed to be coaching and competitors' risk disqualification.</li> </ul>
Tools/Equipment	<ul style="list-style-type: none"> <li>Competitors are <b>not allowed</b> to use any type of equipment/materials that are not listed in the contest description. Any items not listed will be removed and may result in point deductions.</li> </ul>
Use of Technology	<ul style="list-style-type: none"> <li>Competitors are <b>not allowed</b> laptops, tablets, cameras, cell phones, ear buds, calculators or other personal electronics in the competition area unless specified by the committee for certain tasks.</li> </ul>
Use of Artificial Intelligence (AI)	<ul style="list-style-type: none"> <li>Competitors <b>cannot</b> use AI to develop/generate any of the submitted work for any aspects of the competition.</li> </ul>
Infrastructure	<ul style="list-style-type: none"> <li>Competitors are not allowed to bring or use facial sponges</li> <li>Competitors must get approval from the Provincial Technical Committee to bring any other equipment or material that is not listed. Please contact Skills Alberta for approval.</li> </ul>
Projects	<ul style="list-style-type: none"> <li>PTC can change a maximum of 30% of the work content at the competition.</li> </ul>

## SAFETY REQUIREMENTS

### Safety workshop

Upon arrival at the skill area, competitors will participate in a Safety Workshop, and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety and environmental rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

## List of Required Personal Protective Equipment (PPE) Provided by Competitors and Used as Needed.

- Closed toed non-slip shoes
- Protective mask
- Non-latex gloves
- Finger cots

## ASSESSMENT

### Points Breakdown

POINT BREAKDOWN	/100
Advanced Facial	30
Body Therapy Treatment	30
Manicure	20
Creative Makeup	20

### Tiebreaker

- Tiebreaker #1: In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner.
- Tiebreaker #2: In the event of second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.
- Tiebreaker #3: If a tie remains, the competitor with the highest score in the Creative Makeup criteria will be declared the winner.

During the competition, if Competitors are found speaking to coaches and/or spectators they risk disqualification.

## ADDITIONAL INFORMATION

### Skills Canada Alberta Regional and Provincial Rules and Regulations

[Regional and Provincial Rules and Regulations](#)

### Skillz & Thrillz Podcast

Check out our podcast – Skillz & Thrillz: Alberta's Trade & Tech Youth Podcast. Our talented alumni share tips and tricks on how to succeed in competitions and your career! Their insights can help you prepare for your Skills journey, and who knows, you might just be a future guest!

<https://skillsalberta.com/student-resources/skillz-thrillz-albertas-trade-tech-youth-podcast/>

**Test Project change at the Competition**

Where a Test Project has been circulated to competitors in advance, the PTC can change the project up to a maximum of 30% of the work content for the competition.

**Lunch**

Lunch for competitors will be provided by Skills Canada Alberta.

**Parking & Venue Maps**

Parking is FREE for all attendees.

Attendees **MUST** register for FREE parking by clicking the below link. Attendees can pre-register their vehicle at anytime prior to the PSCC or register onsite at the PSCC.

<https://www.offstreet.io/events/CBLHM7U1>

<http://edmontonexpocentre.com/attend/parking/>

**Opening Ceremonies / Competitor Onsite Registration**

Opening Ceremonies for the PSCC will take place on Tuesday May 5, 2026, at 6:00 pm in Hall D of the Edmonton EXPO Centre. Admission is free, and everyone is welcome to attend. It is important to note that competitor registration will open immediately following the Opening Ceremonies.

**Awards Ceremony**

The Awards Ceremony will take place on Thursday May 7, 2026, at 6:30 pm in Hall D of the Edmonton EXPO Centre. Admission is free and everyone is welcome to attend. The Awards Ceremony will be shown live at <http://skillsalberta.com/>

**Team Alberta Information**

Team Alberta will be selected at the PSCC Awards Ceremony. Gold medalists will then be eligible to participate at the Skills Canada National Competition (SCNC) on May 27- May 30, 2026, in Toronto, Ont. It is recommended that competitors review and become familiar with the SCNC contest description and project at <https://www.skillscompetencescanada.com/en/event/skills-canada-national-competition-2026/>

During the PSCC Awards Ceremony on Thursday May 7, 2026, Gold medalists will be given their Team Alberta information package and will confirm their participation in the SCNC. Students must be present at the Awards Ceremony to claim their position on Team Alberta. If the Gold medalist is not able to attend SCNC, the next highest ranking individual will be asked to participate. If a student is not able to attend the Awards Ceremony a letter confirming the student's interest in Team Alberta participation must be emailed to [javierad@skillsalberta.com](mailto:javierad@skillsalberta.com) prior to the start of competition on May 6, 2026.

**Please prepare your students in advance to accept a position on Team Alberta and review how your school will support their participation.**

**Please see this link for additional Team Alberta information:** <https://skillsalberta.com/team-alberta/>



### Questions?

Please contact Mike Sury [MikeS@SkillsAlberta.com](mailto:MikeS@SkillsAlberta.com)

### COMMITTEE MEMBERS

Member Organization	Name
Esthetician	Brittany Kellow - Co Chair
Esthetician	Jenna Holman - Safety Officer
Esthetician & Educator- CT Centre	Kaitlyn Green - Chair
Esthetician & Educator - MC College	Rola Eido – Volunteer Lead